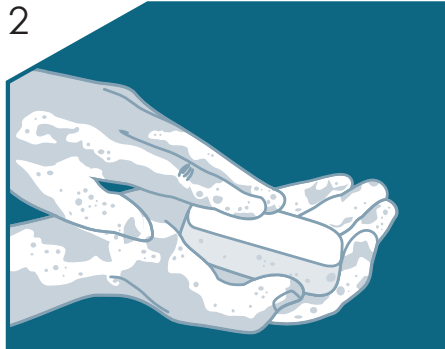


HAND WASHING

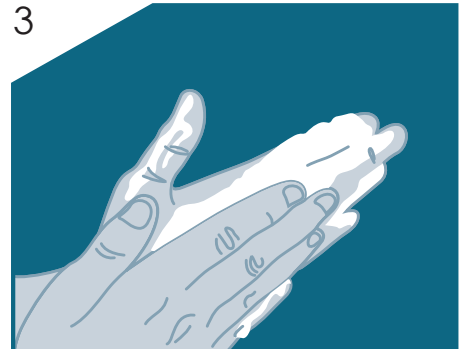
Hand hygiene with soap and water



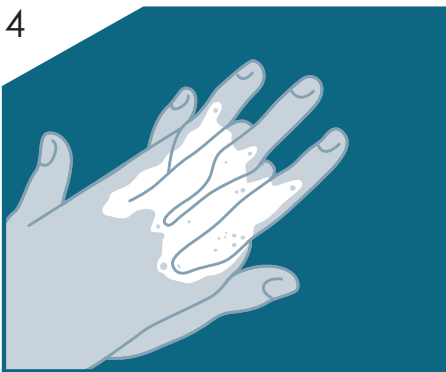
1
Remove jewelry
Wet hands with warm water



2
Add soap to palms



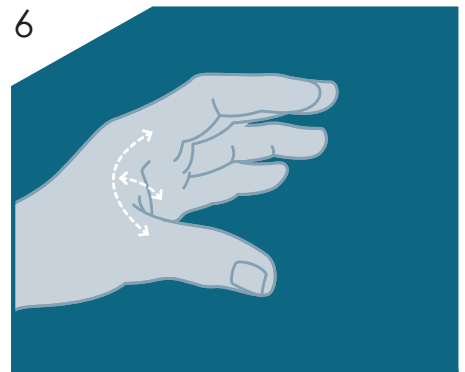
3
Rub hands together
to create a lather



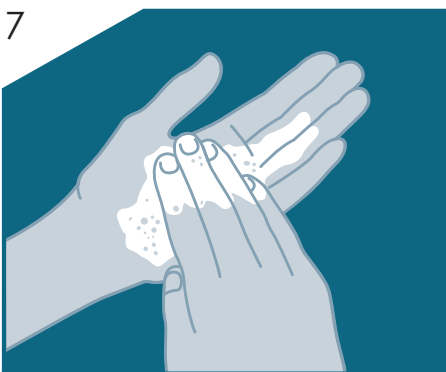
4
Cover all the surfaces of
the hands and fingers



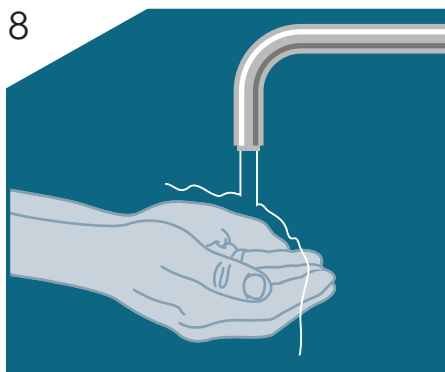
5
Clean knuckles,
back of hands and fingers



6
Clean the space between
the thumb and index finger



7
Work the finger tips into the
palms to clean under the nails



8
Rinse hands well under warm
running water



9
Dry with a single use towel and
then use towel to turn off the tap

Minimum wash time:
10 - 20 seconds



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